WHAT IS CLAIMED:

- 1. A rod hanger for securing a rod to a substrate, comprising:
- a mounting portion configured for engaging the substrate;
- a rod receiving portion configured for receiving the rod;
- a connecting element configured for vertically displacing said mounting portion and said rod receiving portion; and
- at least one anti-rotation element on said mounting portion configured for engaging the substrate.
- 2. The rod hanger of claim 1, wherein at least one of said mounting portion and said rod receiving portion define a generally planar shape.
- 3. The rod hanger of claim 1, wherein said mounting portion includes a top surface, a bottom surface and a hole configured for engaging a fastener.
- 4. The rod hanger of claim 3, wherein said top surface of said mounting portion includes at least one said anti-rotation element.
- 5. The rod hanger of claim 1, further including a fastener associated with said mounting portion and dimensioned to extend through a hole in said mounting portion.

- 6. The rod hanger of claim 5, wherein said fastener includes a pin end connected to a shank portion and a head.
- 7. The rod hanger of claim 6, wherein said fastener further includes a fluted member and a guard member.
- 8. The rod hanger of claim 1, wherein said rod receiving portion includes a top surface, a bottom surface and a hole configured for threadably engaging the rod.
- 9. The rod hanger of claim 8, wherein said hole includes a lip formation disposed about said hole and configured to threadably engage the rod.
- 10. The rod hanger of claim 1, wherein planes respectively defined by said mounting portion and said rod receiving portion are generally parallel.
- 11. The rod hanger of claim 1, wherein said connecting element includes at least one coined impression at a juncture defined by said connecting element and said rod receiving portion and at least one coined impression at a juncture defined by said connecting element and said mounting portion.

- 12. The rod hanger of claim 1, wherein said rod hanger defines a unitary body with a generally uniform thickness.
 - 13. A rod hanger for securing a rod to a substrate, comprising:
 - a mounting portion configured for engaging the substrate;
 - a rod receiving portion configured for receiving the rod;
- a connecting element configured for vertically displacing said mounting portion and said rod receiving portion; and

at least one anti-rotation element on said mounting portion configured for engaging the substrate, wherein the anti-rotation element is disposed on the mounting portion to engage the substrate and counteract a moment acting upon said rod hanger after said rod hanger has been engaged with the substrate.

- 14. The rod hanger of claim 13, wherein said at least one anti-rotation element has a generally hemisphered shape.
- 15. The rod hanger of claim 13, wherein said at least one anti-rotation element is provided in a generally truncated hollow cone shape.
- 16. The rod hanger of claim 13, wherein said at least one anti-rotation element is configured in a generally rectangular shape with a contoured surface.

- 17. The rod hanger of claim 13, wherein said at least one anti-rotation element has a generally pointed shape.
- 18. The rod hanger of claim 13, wherein said at least one anti-rotation element is configured in a generally rectangular shape and forms a raised edge at corners of the mounting portion.
- 19. The rod hanger of claim 13, wherein said at least one anti-rotation element is formed from an upturned edge of said mounting portion.
- 20. The rod hanger of claim 13, wherein said at least one anti-rotation element is configured in a generally rectangular shape and is formed from an upturned edge at at least one corner of said mounting portion.
- 21. The rod hanger of claim 20 wherein top surfaces of said at least one upturned edge are one of flat and pointed.
- 22. The rod hanger of claim 13, wherein said mounting portion includes a top surface, a bottom surface and a hole for engaging a fastener, and said anti-rotation element is disposed on said top surface of said mounting portion to engage the substrate.